

Guidelines for Parents During Remote Learning

During remote learning, parents will have to think differently about what their child needs to be successful. It will likely be a challenging transition, made more difficult by circumstances where parents are also trying to work. We also ask that parents be patient and empathetic to our teachers, who are facing challenges of their own, as well as a transition to a different learning model.

Our guidelines for parents are:

- **Set up a routine with your child.** Talk through WITH them what a day looks like and what is expected. Having them be a part owner of setting the routine will help increase their buy-in on implementing the routine. Try to maintain normal routines as much as possible, and definitely have time for movement and exercise.
- **Help them be prepared.** Where do they want to do their work? Do they have the materials they need? Walk through instructions with them. Having a physical space that works, and having them ready to do their work will help with the effectiveness of their routine.
- **Monitor communications from your children's teachers.** Communications may come through email to parents (or pupils directly, depending on their age), or through Dojo or Teams
- **Set a time to check in with your children.** Are they prepared at the beginning of the day? Do they know what is expected of them? Would a checklist be helpful to organise themselves? Have them share at regular intervals or at the end of the day what they worked on and what they turned in. What this looks like will depend on their age, their needs, and what works for your family.
- **Be flexible and resilient as needed.** You may notice that one child needs something that helps make their day more successful, such as more or less frequent check-ins. Be willing to evolve as necessary.
- **Build in breaks and exercise.** Remember that during "normal" school hours, they have morning break, lunch, and on certain days PE. Make sure they have time to get outside and move!
- **Support them emotionally.** Children are very perceptive and pick up on how their parents are feeling. While it may be a difficult time, modelling calm and establishing a new normal can go a long way to supporting your child. St James Well Being Team are also available to help support your child.
- **Monitor how much time your child is spending online.** We ask that parents remember most teachers are not experts in remote learning and that it will require some trial-and-error before we find the right balance between online and offline learning experiences. We thank you in advance for your patience and partnership!
- **Set rules around their online interactions:** pupils may connect online and that will be a helpful way to remain connected with their friends. However, any school utilised platforms that are used inappropriately will be turned off for that pupil as a consequence. Additionally, older pupils may have access to other social media or platforms unrelated to school. We ask that parents monitor their children's use, and remind them to be respectful and kind.

Pupils Roles and Expectations

- Establish daily routines for engaging in the learning experiences (e.g. 8:50am start)
- Identify a comfortable, quiet space in your home where you can work effectively and successfully. We ask that this is not a bedroom

- Dress appropriately (we know you are not in school but we still expect you to be fully dressed to attend virtual lessons)
- Regularly monitor online platforms (Teams, Dojo, email, etc.) to check for announcements and feedback from your teachers
- Complete tasks and work set, doing your best work
- Join online meetings and lessons on time and behave respectfully
- Do your best to meet timelines, commitments, and due dates
- Communicate proactively with your teachers if you cannot meet deadlines or need help
- Collaborate and support your peers in their learning
- Comply with St James' Acceptable Use Policy